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## BC Extreme, The Family Adventure Centre

### IMPORTANT INFORMATION

**TRAVELLING TO** -You can get to the BC Extreme Family Adventure Centre site in a number of ways:

**By car:** From Vancouver or Horseshoe Bay, drive north on the Whistler Sea-to-Sky highway. Fifteen minutes past Lions Bay look for a sign saying "Deeks Lake turn off" 10 minutes past this point you will **TURN LEFT** at Porteau Provincial Campground. You've actually passed our camp, but it's safer approaching The Adventure Centre when going south on the highway. Please do it this way. Using the parking lot (look both ways for trains), turn around and head south, backtrack. Slow down when you see a pull out on the RHS off the highway. Look for a big wooden fence entrance on your RHS. Drive down the steep gravel roadway. Winnebago's and busses will not make it, so don't even try! WELCOME to our ocean front adventure centre! IF YOU NEED TRANSPORTATION TO THE ADVENTURE CENTRE PLEASE LET US KNOW SO WE CAN MAKE APPROPRIATE TRAVEL ARRANGEMENTS FOR YOU.

**By bus or train:** Greyhound has daily stops and BC Rail has limited passenger service to Porteau Cove. If you contact our office and let us know your anticipated arrival time by either bus or train, someone will be at the appropriate station to meet you.

**By plane or boat:** Head north from Horseshoe Bay, hugging the East coast. Lions Bay Marina is your halfway point.

### THE LAST DAY AT BC EXTREME -OPEN HOUSE

On the final day of each course all parents, friends and interested parties are cordially invited to a demonstration and celebration beginning at 12 noon. This is a time for the students to share their adventures with you. There will be plenty of adventures, victories and accomplishments to share with you. We strongly encourage you to not only join in the Open House, but also to provide encouragement and support in this time of transition. You are welcome to arrive at the site anytime **after 11:00 AM**. Allow 45 minutes travel time from Vancouver. Activities will end at about 5 p.m. We welcome parents and friends to stay overnight for a minimal fee to enjoy a relaxing dinner and an evening of campfires and skits. The following day, partake in our already scheduled family activities, arts and crafts programs. Please let us know if you are **not** going to pick up your child at the site so that we can get them to an appropriate departure point.

### OTHER DETAILS

**Fees**-The remainder of your course fees should be forwarded to the BC Extreme office *at least two weeks* before the course begins.

**Rental equipment**-If you need to rent a kayak (White Water Kayaking only) or a sleeping bag and/or backpack and have not already made arrangements, please contact the office as soon as possible.

**Medical**-Students who have recently been in contact with any infectious disease must not come to the camp until they are cleared. Course fees will be refunded in these cases on receipt of a letter from the attending physician. Any dental treatment should be carried out before the course begins. **If a student is bringing any kind of medication with them on the course make sure that they have a sufficient quantity to cover the period of the course plus any travel time. All medication (prescription and over the counter) must come with instructions signed by a parent or guardian indicating all necessary dispensing information.**

**Smoking** -Due to the nature of our program and the fire hazard in the woods, smoking is not permitted at the Adventure Centre or in any program. All smoking materials will be confiscated.

**US Citizens**-For students coming from the US (or other countries), the following notice should be presented to the customs and immigrations authority to assist your entry into Canada.

### TO CUSTOMS AND IMMIGRATION AUTHORITY, CANADIAN PORT OF ENTRY

The bearer of this document is coming to Canada to participate with BC Extreme, An Adventure Centre. BC Extreme is a registered company operating under the name of 541574 BC Ltd. It is designed to teach young people life and leadership skills through a wilderness program. The course runs for about one week. The students' fees are usually forwarded to our office prior to their arrival at the school and all of their accommodation, food and instruction are included in their fees. As a result, they need very little in the way of money during the course.